

REPRODUCTIVE OPTIONS

Abortion care information

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UW Collaborative for Reproductive Equity (CORE) is a research initiative, not a health care or social service provider. But we are committed to sharing evidence-based resources for Wisconsinites, and the people supporting them, who may be considering abortion, actively seeking abortion care, or recuperating from a recent abortion. Here are regularly updated resources that are factual, supported by scientific evidence, and patient-centered.*

Resources for exploring abortion and pregnancy options

-  [All Options Talkline](#) (1-888-493-0092), where you can talk to a trained counselor for unbiased support and information about pregnancy options, including parenting, abortion, and adoption
-  [Wisconsin Abortion Fund Call Line](#) (1-888-534-4652), which connects callers to information, practical support, and trusted resources
-  [M + A Hotline](#) (1-833-246-2632 phone or text), where you can talk to a doctor or nurse about miscarriage or abortion (available in English and Spanish)
-  [Reprocare](#) (phone 833-226-7831, text 833-226-7821), for medical information, support, and resources related to abortion at home (available in English and Spanish)
-  [SASS](#), which offers secure, confidential information and support for people self-managing abortion (available in English and Spanish)

Information about where to access abortion care

-  [U.S. Abortion Clinic Locator](#) (available in English and Spanish)

Information about financial and other support needed to access abortion care

Many clinics have access to resources to help reduce the cost of an abortion. Patients can ask about these funds when making their appointments.

Abortion funds are independent organizations that help people pay for their abortion and help provide practical support like travel, translation, doulas, and childcare. There are **three abortion funds in Wisconsin**.



[Wisconsin Abortion Fund](#)

works with clinics and providers to subsidize the cost of abortion care in Illinois, Minnesota, and Wisconsin. Patients may be able to access these funds by asking clinic staff for financial support in a process outlined [here](#).

[Reproductive Freedom Fund](#)

(715-384-3360) provides financial support to abortion seekers who live in Northcentral and Northeastern Wisconsin.

[Options Fund](#) (715-838-9991)

provides financial support to abortion seekers living in Western Wisconsin (generally from Superior in the north, through Eau Claire and La Crosse, to the Illinois border in the south).

* The information here does not constitute an endorsement or approval by the University of Wisconsin School of Medicine and Public Health, the University of Wisconsin–Madison, or UW Health.

Other Midwestern resources include:



[Midwest Access Coalition](#) (847-750-6224 phone or text) helps people traveling to, from, or within the Midwest to get an abortion. They help with funding and logistical support. Support is available in English and Spanish.

[Our Justice](#) provides financial and logistical support for people seeking abortion care in Minnesota or at the Emma Goldman clinic in Iowa City, IA.

General information about abortion care and reproductive health



[American College of Obstetricians and Gynecologists](#), a trusted source of medical information about both in-clinic, procedural abortion, and medication abortion



The [Euki app](#), which offers reliable, private information about abortion and other sexual and reproductive health topics (available in English and Spanish)

Legal resources for people seeking abortion or who have ended a pregnancy on their own



[Repro Legal Helpline](#), where you can talk to a lawyer for legal questions about abortion, birth, and parenting (available in English, Spanish, and Chinese)



[How Can My Immigration Status Affect Abortion Access?](#), a guide to help immigrant communities navigate potential legal risks of obtaining an abortion (available in English and Spanish)

After-abortion resources



[Physicians for Reproductive Health](#) shares guidelines for talking to a health care professional after an abortion or miscarriage

[Exhale](#) (617-749-2948), where you can text with trained counselors about your abortion experience (available in English and Spanish)

Note: Post-abortion care is legal and should be provided by any Wisconsin health care provider. If your health care provider says they cannot help you, call Planned Parenthood of Wisconsin (800-230-7526). They will provide post-abortion care. Learn more [here](#) about talking to health care providers after an abortion or miscarriage.

Information to learn more about contraception, including emergency contraception



[Bedsider – Birth Control](#) provides information and reviews about contraceptive methods and how to get birth control in your area or online

[Bedsider – Emergency Contraception](#) explains what emergency contraception is, how it works by stopping a pregnancy before it starts, and where you can get it

Information about crisis pregnancy centers

People seeking reproductive health care should have access to evidence-based, comprehensive medical care and information from qualified professionals. [Crisis pregnancy centers](#) present themselves as legitimate health care clinics but are often unregulated, non-medical facilities. Their primary goal is to discourage people from obtaining abortions and some types of birth control. While such clinics can offer important support and resources to some clients, they often engage in unethical practices like providing false information about abortion and using delays to divert pregnant people from getting timely, comprehensive care and information. Major medical organizations advise patients to avoid these centers.

Crisis pregnancy centers go by different names, such as “pregnancy care center” or “pregnancy resource center,” and can be hard to identify. Here are two resources that can help you identify crisis pregnancy centers:

- [Crisis Pregnancy Center Map](#), created and maintained by researchers at the University of Georgia
- The [Fake Clinic Database](#), independently researched and updated by Reproaction



To learn more, please see [this CORE explainer](#) about crisis pregnancy centers.