

REPRODUCTIVE OPTIONS

Abortion care information

September 2023



UW Collaborative for Reproductive Equity (CORE) is a research initiative, not a health care or social service provider. But we are committed to sharing evidence-based resources for Wisconsinites, and the people supporting them, who may be considering abortion, actively seeking abortion care, or recuperating from a recent abortion. Here are regularly updated resources that are factual, supported by scientific evidence, and patient-centered.*

Resources for exploring pregnancy options

- [Pregnancy Options Wisconsin: Education, Resources, and Support, Inc. \(POWERS\)](#), which includes a call/text line (608-514-1714) for pregnancy options support (available in English and Spanish)
- [All Options Talkline](#) (1-888-493-0092), where you can talk to a trained counselor for unbiased support and information

Information about accessing abortion care, including financial assistance and other support resources

- [Planned Parenthood Wisconsin](#) (available in English and Spanish)
- [U.S. Abortion Clinic Locator](#) (available in English and Spanish)
- [National Network of Abortion Funds](#)

General information about abortion care and reproductive health

- [American College of Obstetricians and Gynecologists](#), a trusted source of medical information about both in-clinic, procedural abortion, and medication abortion
- The [Euki app](#), which offers reliable, private information about abortion and other sexual and reproductive health topics (available in English and Spanish)

Legal resources for people seeking abortion or who have ended a pregnancy on their own

- [Repro Legal Helpline](#), where you can talk to a lawyer about legal risk in seeking abortion care, including with self-managed abortion (available in English, Spanish, and Chinese)
- [Digital Defense Fund](#), where you can find security tips to minimize legal risk (available in English and Spanish)
- [SASS](#), which offers secure, confidential information and support for people self-managing abortion (available in English and Spanish)

* The information here does not constitute an endorsement or approval by the University of Wisconsin School of Medicine and Public Health, the University of Wisconsin – Madison, or UW Health.

Services your Wisconsin provider can offer related to pre- and post-abortion care

Wisconsin health care providers can offer the following services, which you can access by calling your primary care or obstetrics and gynecology clinic:

- Ultrasound to see how far along a pregnancy is
- Lab tests or specialist referral, if needed
- Emergency care for bleeding, fever, infection, or any health concerns after miscarriage or abortion. You can and should seek health care for these conditions either at your regular clinic, at an urgent care, or in the emergency department.

Note: Post-abortion care is legal and should be provided by any Wisconsin health care provider. If your health care provider says they cannot help you, call Planned Parenthood of Wisconsin (800-230-7526). They will provide post-abortion care free of charge. Learn more [here](#) about talking to health care providers after an abortion or miscarriage.

After-abortion resources

- [Physicians for Reproductive Health](#) guidelines for talking to a health care professional after an abortion or miscarriage
- [Exhale](#) (617-749-2948), where you can text with trained counselors about your abortion experience

Information to learn more about contraception, including emergency contraception

- [Bedsider – Birth Control](#)
- [Bedsider – Emergency Contraception](#)

Information about crisis pregnancy centers

People seeking reproductive health care should have access to evidence-based, comprehensive medical care and information from qualified professionals. [Crisis pregnancy centers](#) are facilities that present themselves as legitimate health care clinics but are often unregulated, non-medical facilities. Their primary goal is to discourage people from obtaining abortions and some types of birth control. While such clinics can offer important support and resources to some clients, they often engage in unethical practices like providing false information about abortion and using delays to divert pregnant people from getting timely, comprehensive care and information. Major medical organizations advise patients to avoid these centers.

Crisis pregnancy centers go by different names, such as “pregnancy care center” or “pregnancy resource center,” and can be hard to identify. Here are two resources that can help you identify crisis pregnancy centers:

- [Crisis Pregnancy Center Map](#), created and maintained by researchers at the University of Georgia
- The [Fake Clinic Database](#), independently researched and updated by Reproaction